



The industry leader in training services

Enhance your skills, gain valuable new ones, and expand your professional opportunities

CORRECTIONAL HEALTH CARE PROFESSIONALS/SELF-DEFENSE TRAINING

Attacks on health care workers has spiked over the last year.

Up to 95% of nurses have reported being “bullied” at work.

Up to 75% of nurses have been subjected to sexual harassment

Health care workers are more likely to be attacked than correctional officers.

COURSE DESCRIPTION

This course is a comprehensive program of lectures and demonstrations. Participants will be involved in discussions and physical resistive strategies that will enable health care professionals to effectively defend themselves. Injury reduction strategies and techniques for staff and inmates will be taught.

COURSES GOALS

- Confrontation Avoidance
- Workplace Awareness
- Methods to De-escalate an Agitated Patient
- Threat Assessment
- Disengaging Techniques
- Self-Defense Maneuvers
- Professional Safety
- Inmate Safety
- Injury Reduction
- Safety of Institution



ACA will train you on-site at your facility or at the ACA headquarters in Alexandria, Virginia.

To schedule a training, please contact Kelli McAfee.

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